## 2016-17 Year B

## Pupils should be taught to:

♣ Develop competence to excel in a broad range of physical activities ♣ Are physically active for sustained periods of time ♣ Engage in competitive sports and activities ♣ Lead healthy, active lives.

**KS1** ● Master basic movements including running, jumping, throwing and catching, as well as • Developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending • Perform dances using simple movement patterns.

**KS2** • Use running, jumping, throwing and catching in isolation and in combination • Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics) • Perform dances using a range of movement patterns • Take part in outdoor and adventurous activity challenges both individually and within a team • Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

|                             | Autumn 1                                   | Autumn 2                            | Spring 1                              | Spring 2          | Summer 1                           | Summer 2                           |
|-----------------------------|--|-------------------------------------|---------------------------------------|-------------------|------------------------------------|------------------------------------|
| Calder Vale                 |  |                                     |                                       |                   |                                    |                                    |
| KS2 (yr 4,5,6) 13<br>Monday | Invasion Games<br>Handball                 | Dance<br>Tag rugby coaching         | Hockey Coach                          | PNE Coach         | Athletics                          | Gymnastics                         |
| KS1 (1,2) 7<br>Monday       | Diddi Dance (Nursery) FMS/ catching skills | Dance/gymnastics Tag rugby coaching | Diddi Dance (Nursery)<br>Hockey Coach | PNE Coach         | Diddi Dance (Nursery)<br>Athletics | gymnastics/dance                   |
| Thursday KS2                |  |                                     |                                       |                   | Tennis                             |                                    |
| ASC Monday                  |  |                                     | Badminton                             | ?? PNE ASC??      | Tennis club                        | Gymnastics KS1<br>(Collaboration?) |
| ASC other                   | Dance                                      | Dance                               |                                       |                   | Cricket club (other teacher)       |                                    |
|                             | Autumn 1                                   | Autumn 2                            | Spring 1                              | Spring 2          | Summer 1                           | Summer 2                           |
| Scorton                     |  |                                     |                                       |                   |                                    |                                    |
| Monday<br>Swimming (10-12)  | Nicky Nook/ Grizedale                      | Nicky Nook/Grizedale                | Grizedale/Bowland                     | Grizedale/Bowland | Bowland/Nicky Nook                 | Bowland/Nicky Nook                 |
| Tuesday<br>Bowland          | FMS  | Dance                               | bat and ball skills                   | PNE Coach         | Athletics                          |                                    |

| Grizedale               | Invasion games<br>Netball  | Dance       | Hockey       | PNE Coach             | Athletics           | NN : Gymnastics<br>Coach                |
|-------------------------|----------------------------|-------------|--------------|-----------------------|---------------------|---|
| Wednesday<br>Nicky Nook | Invasion games<br>Handball | Dance       | Hockey Coach | striking and fielding | Athletics<br>Tennis | Grizedale: Striking and fielding        |
| ASC Tuesday coach       | Dance ASC                  | Dance (ASC) | Badminton    | ??PNE ASC?            |                     | Gymnastics- Y3/4                        |
| Monday ASC              |                            |             |              |                       |                     | Collaboration with CV<br>KS1 gymnastics |